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provides the essential foundation for psychology students this is a revised and updated
version of the most trusted introduction written by the bestselling psychology author richard
gross psychology the science of mind and behaviour has helped over half a million students
worldwide it is the essential introduction to psychology covering all students need to know to

understand and evaluate classic and contemporary topics enables students to easily access psychological theories and research with colourful user friendly content and useful features including summaries critical discussion and research updates helps students to understand the research process with contributions from leading psychologists including elizabeth loftus alex haslam and david canter ensures students are up to date with the latest issues and debates with this fully updated edition

market desc psychologists psychology professors and students special features includes new research and data presents new discussions on health care systems offers significant new information on prevention and intervention especially for teens risky behaviors explores what works in the field integrates international examples to broaden the view of health issues around the world about the book sarafino draws from the research and theory of many disciplines in order to show psychologists how psychology and health affect each other the new edition has been updated to include new research and data new discussions are included on health care systems significant new information is also presented on prevention and intervention especially for teens risky behaviors in addition international examples are included to broaden the psychologist s view of health issues around the world and highlight what works in the field

health psychology is essential reading for all students and researchers of health psychology organized into four sections the 7th edition is structured with a clear emphasis on theory and evidence throughout with renewed focus on thinking critically about health psychology ogden s revised edition maintains its accessible style and broad coverage each chapter features rich examples to empower students to expand their understanding of this dynamic psychological sub discipline health psychology comes with an online learning centre created to support course delivery this site boasts multiple choice questions for knowledge checks suggested essay questions to supplement in class or homework activities powerpoint presentations to aid with structuring your module within the book you will also find a range of pedagogic features designed to engage students including for discussion boxes end of chapter questions thinking critically sections in each chapter suggestions for further reading these features will encourage debate and critical thinking in turn contributing to deeper understanding and improved course outcomes updated to include sections on lgbtq health and to reflect the most recent research studies and their implications for practice ogden s new edition takes a rigorous approach that highlights the role that psychology plays in all aspects of physical health jane ogden is a professor of health psychology at the university of surrey uk and has been researching and writing about eating behaviour and weight management for nearly 30 years her research interests include obesity management aspects of women s health and

communication in healthcare

the 7th edition of this best selling social psychology text by graham vaughan and michael hogg social psychology retains the structure and approach of the previous edition but has been revised to reflect the changes in the field with the material thoroughly updated throughout social psychology 7e continues to capture the scope and detail of contemporary social psychology as an international scientific enterprise and at the same time deals with the subject in a way that is relevant to university teaching and social psychology research in australia and new zealand

based on the extensively revised santrock s psychology 6e psychology brief edition is a highly readable practical and research oriented introduction to the discipline the brief edition was developed to satisfy the demand for a shorter text that could easily be covered in one semester chapters were rewritten to maintain the continuity and pedagogy that has made santrock a student and market favorite memory language and intelligence have been combined to form one cohesive chapter and the health psychology and statistics coverage has been moved into an appendix santrock provides faculty and students with the most relevant introduction to psychology available no other introductory text provides a better balance of research vs pedagogy content vs applications depth vs breadth and theoretical vs practical information all of this is presented in the clearly understandable and straightforward prose that santrock is renowned for and in a highly visual design that is pedagogically sound and engaging without being distracting

concise readable and packed with the latest research about one of the most fascinating and relevant subjects you ll ever study essentials of psychology 7th edition encourages you to learn by doing to actively participate and to think about what you re learning as opposed to passively receiving written information effective learning features help you master the material and make your study time count you ll also see how topics in psychology are interrelated and ramp up your critical thinking skills including practicing a surefire questioning process for thinking objectively about research questions and results

over the years this book has earned a name for itself because of the completeness of coverage and simplicity of presentation all the topics have been dealt with in great detail and depth in the revised edition new thoughts in the field of educationa

this collection of modular study units for first level psychology students provides core information about specific topics with units that work independently of each other and can be interchanged or omitted as needed it includes chapters on cognition stress management

the human nervous system interpersonal relationships and personality

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