

Coaching To The Human Soul Ontological Coaching And Deep Change Vol 1

Coaching to the Human Soul: The linguistic basis of ontological coaching
Coaching to the Human Soul: The biological and somatic basis of ontological coaching
Ontological Coaching
Coaching to the Human Soul: Emotional learning and ontological coaching
Coaching to the Human Soul
Ontological Coaching
The Complete Handbook of Coaching
The Secret of Coaching and Leading by Values
Ontological Coaching
High Performance Coach Diploma - City of London College of Economics - 3 months - 100% online / self-paced
How Coaching Works
Find Your Courage
Ontological Coaching for Bank Managers
The Purple Book of Coaching
Evidence-Based Coaching Volume 1
The Game of Change
Happiness is the Cure
Dental Clinics of North America
Business Venezuela
C D A Journal Alan Sieler Alan Sieler Miguel D'Addario Alan Sieler
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City of London College of Economics Joseph O'Connor Margie Warrell Greg Nazvanov Marcus Marsden Michael Cavanagh
Geeta Ramakrishnan Uriel Grezemkovsky California Dental Association
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ontological coaching is a different paradigm a different context for the objectives to be achieved in the personal sphere or in team work the ontological coach does not tell people what to do does not pressure does not advise does not recommend but explores asks questions offers generative interpretations and also respectfully challenges their mental models to develop a new look that allows the discovery of new actions and possibilities he accompanies in the design of actions that facilitate access to the desired results

the process of coaching is a conversation where a combined investigation occurs with the aim of discovering in which position is the person in the speech understanding his past history and his current situation with the aim of identifying his blockades and to help him solve them to find the kind of conversations internal and externals that establishes his positive and negative effects and how to improve them to get the wanted goals for that the coach must know how to observe and listen carefully

this comprehensive guide to coaching explores a full variety of coaching theories approaches and settings and offers strategies for the reader to identify and develop a personal style of coaching the book is divided into three parts part one explores the theoretical traditions that underpin the foundation for coaching such as cognitive behavioural gestalt and existential part two covers applied contexts formats or types of coaching such as life executive peer team and career coaching part three focuses on professional issues that impact the coach such as ethics supervision continuing professional development standards and mental health issues written by leading international authors each chapter makes explicit links between theory and practice and generic questions will facilitate further reflection on the topic there are also suggestions for reading and short case studies this is the first book to explore the differences between the theoretical perspectives of coaching and the links between these perspectives in relation to contexts genres and media of coaching

coaches play a major role in helping people understand their values and the values of their surroundings and helping them make choices and adapt sometimes the choice may be to find a situation more in sync with your values or it may mean working hard on yourself or in concert with your partner team or organization whatever we need to do to attain it a positive fit makes for a happier person and a happier person will be more successful this accessible and practical book

will help coaches educators leaders and managers understand the philosophy methodology and tools that can be used to make a person happier healthier and more productive at work and in life in general this book compiles short vignettes from over a dozen global academics and celebrated executive coaches sharing information about aligning values in different settings based on years of research and written for readers from all walks of life you will learn that when you understand your core values place them on a triaxial template and align them with your definition of success everything changes it will help you come out of your comfort zone in order to embrace the future and enhance the quality of your life for this you need a concept a methodology and effective tools all of which are offered in this book rich with practical step by step methodologies and tools to facilitate values led leadership coaching and mentoring this book is essential for any change agent be it a coach a leader an educator or any person who is interested in learning how to become more effective improve their practice and engage in self or professional coaching at the same time it will enhance leadership qualities

overview if you want to learn how to help clients in achieving a specific personal or professional goal by providing training and guidance then this course if for you in this diploma course you will learn several kinds of coaching approaches such as the psychodynamic approach the cognitive behavioural approach the nlp approach as well as others to become a professional coach the study material has been written by leading international authors each chapter of the book makes explicit links between theory and practice with questions and case studies facilitating further reflection on the topic content there are three parts you have to deal with part 1 explores the theoretical traditions underpinning coaching such as cognitive behavioural gestalt and existential part 2 covers applied contexts formats or types of coaching such as developmental life executive peer team and career coaching part 3 focuses on professional issues that impact on the coach such as ethics supervision continuing professional development standards and mental health issues duration 3 months assessment the assessment will take place on the basis of one assignment at the end of the course tell us when you feel ready to take the exam and we'll send you the assignment questions study material the study material will be provided in separate files by email download link

coaching is very big business over the last decade it has become one of the most popular

approaches to personal and business development coaching books tend to focus on just one method and just one of five main areas executive coaching for senior business people business coaching for companies to improve results life coaching for people who want a better sense of fulfilment and wellbeing sports coaching for individual athletes team coaching for teams in sport or business pragmatic and informative how coaching works is the first to explain the key concepts that underpin all of these different areas it also explores how different ideas have blended to give rise to what we know as coaching today and singles out what works the authors are two of the world's leading experts in this field in how coaching works they have created a must have book for practising coaches students and anyone interested in the subject

an up front to the point and honest masterpiece you can't go wrong with this one richard carlson bestselling author of don't sweat the small stuff from popular life coach and motivational speaker margie warrell comes an inspiring practical guide for finding the courage to change any or every aspect of your life warrell's 12 acts of courage challenges you to rethink your life scripts overcome everyday fears and dream bigger each chapter includes proven strategies and courage exercises to help you harness their inner strength and make meaningful changes in your personal and professional lives

when hoping to improve career transitions human resources and long term productivity one should consider exploring the need and application for ontological coaching in management in this book we will explore a vital role for ontological coaching in the career development as well as a career change our research originally commenced looking at the role of ontological coaching in career change because there was little academic literature on this subject the project evolved into applications of ontological coaching in banking career development in this book we attempt to define coaching its benefits to individuals and organizations ontological coaching spheres of influence and how it deals with moods communication applied to career development and search

presents key papers from the first evidence based coaching conference held at the university of sydney july 2003 addresses the concerns of the emerging profession of coaching giving an overview of the field developing coaching theory and its evidence based practice and reporting on empirical and qualitative studies

daunted by the overwhelming task of handling multiple roles in today's high pressure world ontological coach geeta ramakrishnan shares the aha moment on her perception of the fears and insecurities of life that were holding not only her but many others back from unleashing ultimate happiness over the past 30 years geeta has been the glue that has held a global logistics family business together from her experiences being involved in family and business life she brings clinical and empirical research toward mindfulness as having a profound impact on your physical mental and emotional health this must read book ruminates on people's assumptions oscillating between rational and emotional silos bringing the reader toward that critical breakthrough that can change the trajectory of their life this book will inspire the reader to reflect on the art of change offering easy to use techniques to help implement the desired change in the areas of life that are no longer working

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