

Dave Grossman On Combat

On Combat On Killing On Combat Performance Under Stress Quicklet on Dave Grossman's On Killing: The Psychological Cost of Learning to Kill in War and Society Summary of Dave Grossman's On Killing The Army Lawyer American Soldiers Military Masculinities Hell in Hürtgen Forest Battle Die Friedens-Warte The Post-Traumatic Stress Disorder Sourcebook, Revised and Expanded Second Edition: A Guide to Healing, Recovery, and Growth Militäretik American Poland-China Record In the Ranks Civil-military aspects of military ethics Some Grace Under Pressure In the Ranks: from the Wilderness to Appomattox Court-house War & Terror Dave Grossman Dave Grossman Dave Grossman Peter A. Hancock Jonathan Morse Everest Media Peter S. Kindsvatter Paul Higate Robert S. Rush Kent Gramm Glenn R. Schiraldi Dieter Baumann American Poland-China Record Association Robert Ekin M'Bride Edwin R. Micewski Caroline Reichard Robert Ekin McBride Karen Alexander

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looks at the effect of deadly battle on the body and mind and offers new research findings to help prevent lasting adverse effects

a controversial psychological examination of how soldiers willingness to kill has been encouraged and exploited to the detriment of contemporary civilian society psychologist and us army ranger dave grossman writes that the vast majority of soldiers are loath to pull the trigger in battle unfortunately modern armies using pavlovian and operant conditioning have developed sophisticated ways of overcoming this instinctive aversion the mental cost for members of the military as witnessed by the increase in post traumatic stress is devastating the sociological cost for the rest of us is even worse contemporary civilian society particularly the media replicates the army s conditioning techniques and grossman argues is responsible for the rising rate of murder and violence especially among the young drawing from interviews personal accounts and academic studies on killing is an important look at the techniques the military uses to overcome the powerful reluctance to kill of how killing affects the soldier and of the societal implications of escalating violence

the director of the killology research group shares a thorough examination of the emotional and physical effects of deadly conflict kirkus reviews on combat examines the stress resulting from engaging in deadly battle and its effects on the human body from the heart and the nervous system to visual and auditory perception to memory the historical perspective on the evolution of combat provided in this text further deepens our understanding of the brave men and women who train their minds and bodies to go to that place from which others flee It col dave grossman a war veteran and former west point psychology professor presents combat coping strategies demonstrating how one can train the mind to be inoculated against stress fear and even pain this fresh and informative look at post traumatic stress disorder ptsd details

how to prevent it how to survive it how to come out of it stronger and how to help others who are experiencing it grossman underscores the importance of post combat debriefing when warriors gather to share learn from each other and begin to heal from the horror based on extensive new research grossman s findings are supported by revealing quotes and anecdotes from combat veterans and other leaders in the warrior community

what is the impact of stress on soldier performance on the modern electronic battlefield this book brings together leading researchers from diverse perspectives to shed light on this critical question using a variety of methodological and conceptual approaches the insights generated represent a benchmark in the present state of understanding and provide a range of directions for future research in this arena

about the book It col dave grossman s book on killing the psychological cost of learning to kill in war and society is a soldiers account of how one person learns right or wrong to kill another the pulitzer prize nominated work documents the mental preparations and emotional trauma born in the terror of human conflict the book tells the story of veterans across hundreds of years of warfare grossman uses his book as a vessel for the words of those who have had to kill painting a vivid portrait of the human cost to foe and victor alike meet the author jonathan has been writing independently for two years and recently graduated from northern illinois university with baccalaureate degrees in journalism and political science his time is spent reading writing or playing whatever musical instruments he can build find or afford excerpt from the book grossman begins on killing with an explanation of the natural human aversion to violence and killing during wwii a us army brigadier general named s l a marshall began observing and questioning soldiers in the pacific on their actual behavior in combat to the surprise of the us military establishment he found that most men never fired their weapons approximately 15 to 20 percent of soldiers fired as expected the rest pretended so they wouldn t have to kill anyone others disagree see later section a controversial influence these men were not cowards in fact

many were reported to take great personal risks to assist their fellow soldiers but still they would not attack even under fire their training had taught them how to fire a gun but not how to shoot at another human being buy a copy to keep reading

please note this is a companion version not the original book sample book insights 1 i would like to thank a host of great men and women who have stood beside me and gone before me in this endeavor 2 i would like to express my sincere appreciation to all those who contributed to the making of this book my literary agent richard curtis my editors at little brown and company roger donald and geoff kloske and my publicist becky michaelis 3 i want to thank all the veterans who shared their stories with me and those who permitted me to interview them the responsibility for the report given from this elevated position is entirely mine 4 war has always been a sexist environment but death is an equal opportunity employer men and women have fought side by side in guerrilla and revolutionary wars and there is no evidence that women are any worse at killing people than men

some warriors are drawn to the thrill of combat and find it the defining moment of their lives others fall victim to fear exhaustion impaired reasoning and despair this book synthesizes the wartime experiences of american soldiers from the doughboys of world war i to the grunts of vietnam focusing on both soldiers and marines it draws on histories and memoirs oral histories psychological and sociological studies and even fiction to show that their experiences remain fundamentally the same regardless of the enemy terrain training or weaponry

this volume deconstructs the traditional stereotypes of military identity and makes a strong case for a plurality of identities within a range of theoretical and empirical contexts

some of the most brutally intense infantry combat in world war ii occurred within germany's hurtgen forest focusing on the bitterly fought battle between the american 22d infantry regiment and elements of the german lxxiv korps around grosshau rush chronicles small unit combat at its most extreme and shows why despite enormous losses the americans persevered in the hurtgenwald meat grinder on 16 november 1944 the 22d infantry entered the hurtgen forest as part of the u s army's drive to cross the roer river during the next eighteen days the 22d suffered more than 2 800 casualties or about 86 percent of its normal strength of about 3 250 officers and men after three days of fighting the regiment had lost all three battalion commanders after seven days rifle company strengths stood at 50 percent and by battle's end each had suffered nearly 140 percent casualties despite these horrendous losses the 22d regiment survived and fought on due in part to army personnel policies that ensured that unit strengths remained high even during extreme combat previously wounded soldiers returned to their units and new replacements green to battle arrived to follow the remaining battle hardened cadre the german units in the hurtgenwald suffered the same horrendous attrition with one telling difference german replacement policy detracted from rather than enhanced german combat effectiveness organizations had high paper strength but low manpower and commanders consolidated decimated units time after time until these ever dwindling bands of soldiers disappeared forever killed wounded captured or surrendered the performance of american and german forces during this harrowing eighteen days of combat was largely a product of their respective backgrounds training and organization rush's work underscores both the horrors of combat and the resiliency of american organizations while honori

portrays the unpleasant realities of marked combat in the civil war

how millions of ptsd sufferers learned to live without fear pain depression and self doubt the post traumatic stress disorder sourcebook third edition introduces survivors loved ones and helpers to the remarkable range of treatment alternatives and self management techniques

available today to break through the pain and realize recovery and growth this updated edition incorporates all new diagnostics from the dsm 5 and covers the latest treatment techniques and research findings surrounding the optimization of brain health and function sleep disturbance new usda dietary guidelines and the importance of antioxidants early childhood trauma treating ptsd and alcoholism the relationship between ptsd and brain injury suicide and ptsd somatic complaints associated with ptsd and more

the second chapter aristotle s tragic vision looks at aristotle s beliefs about courage and his account of its semblances and associated vices in book 3 of the nicomachean ethics there is an introductory section introducing his language and the bare outlines of his theory of virtue i attend carefully to how aristotle responded to homer s portrait of courage in the iliad

traditional academic investigations of war seldom link armed conflict to practices of racialization or gendering war and terror feminist perspectives provides a deeper understanding of the raced gendered logics practices and effects of war consisting of essays originally published in signs journal of women in culture and society this volume offers new insights into the complex dynamics of violent conflict and terror by investigating changing racial and gender formations within war zones and the collateral effects of war on race and gender dynamics in the context of two dozen armed struggles seldom studied subjects such as the experiences of girl soldiers in sierra leone female suicide bombers and pakistani mothers who recruit their sons for death missions are examined women s agency even under conditions of dire constraint is highlighted and the complex interplay of gender race nation culture and religion is illuminated in this wide ranging collection

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