

Rational Recovery The New Cure For Substance Addiction

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epilepsy or seizure disorder is widespread affecting more than 350 000 in the uk and an estimated three million approximately in the us while anti epileptic drugs have a major role preventing seizure activity they may not be totally effective in achieving control and there is a strong burgeoning interest in lifestyle measures and complementary therapies which may help this book is intended to be a trusted source to help people with epilepsy make sense of the treatment choices given that epilepsy is not a single condition and some treatments may work for some but not other forms of the condition each chapter includes information about the treatment evidence whether it will work for your type of epilepsy and practical considerations

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