

The Essential Chuang Tzu

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the chuang tzu has been translated into english numerous times but never with the freshness accessibility and accuracy of this remarkable rendering
here the immediacy of chuang tzu s language is restored in a idiom that is both completely fresh and true to the original text this unique collaboration

between one of america s premier poet translators and a leading chinese scholar presents the so called inner chapters of the text along with important selections from other chapters thought to have been written by chuang tzu s disciples

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the timeless wisdom of this classic taoist text can become a companion on your own spiritual journey the chuang tzu is the second major text of the taoist tradition it was compiled in the third century bce and follows the lead of the best known and oldest of all taoist texts the tao te ching book of the tao and its potency representing the philosophy of its main author chuang chou along with several other early taoist strands the text has inspired spiritual seekers for over two thousand years using parable anecdote allegory and paradox the chuang tzu presents the central message of what was to become the taoist school a reverence for the tao the way of the natural world and the belief that you are not truly virtuous until you are free from the burden of circumstance personal attachments tradition and the desire to reform the world in this special skylight illuminations edition leading taoist scholar livia kohn phd provides a fresh modern translation of key selections from this timeless text to open up classic taoist beliefs and practices she provides insightful accessible commentary that highlights the chuang tzu s call to reject artificially imposed boundaries and distinctions and illustrates how you can live a more balanced authentic and joyful life at ease in perfect happiness by following taoist principles

ideal for students and scholars alike this edition of zhuangzi chuang tzu includes the complete inner chapters extensive selections from the outer and miscellaneous chapters and judicious selections from two thousand years of traditional chinese commentaries which provide the reader access to the text as well as to its reception and interpretation a glossary brief biographies of the commentators a bibliography and an index are also included

skill and mastery philosophical stories from the Zhuangzi presents an illuminating analysis of skill stories from the Zhuangzi a 4th century BCE Daoist text in this intriguing text that subverts conventional norms and pursuits ordinary activities such as swimming cicada catching and wheelmaking are executed with such remarkable efficacy and spontaneity that they seem like magical feats an international team of scholars explores these stories in their philosophical historical and political contexts their analyses highlight the stories underlying conceptions of agency character and cultivation and relevance to contemporary debates on human action and experience the result is a valuable collection opening up new lines of inquiry in comparative East West philosophical debates on skill cultivation and mastery as well as cross disciplinary debates in psychology cognitive science and philosophy

the two classics of Chinese philosophy together they form the basic texts of Taoism

profound insight and wisdom from the world's great cultures and religious traditions through the use of a story you can understand even the deepest truths these words taken from a Jewish parable underscore the power of candles in the dark this exquisite collection of profound and enlightening parables contains the wisdom and insight of the world's great religions philosophies and cultural traditions in these stories you'll find spiritual inspiration and practical guidance to help you cope with life's many problems and conflicts Christian and Buddhist Jewish and Islamic African and Native American ancient and modern parables these wonderfully diverse and entertaining stories address every aspect of life from family issues to personal freedom from money problems to the power of friendship they will help you discover truth beauty and satisfaction within yourself and in the world around you the lessons they teach will deepen your understanding of basic human and spiritual truths and increase your ability to live a life of faith hope and love appreciate the beauty that surrounds you embrace the freedom to live your life seek and find guidance discover strength in a virtuous life encourage others who are in need

Experimental Essays on Zhuangzi is a classic in the field originally published in 1983 this edition makes it available again in an expanded version with four additional contributions and in an updated format with pinyin transcription Chinese characters embedded in the text and reference style notes the

work is a well respected textbook and essential reader in daoist thought it continues to constitute an essential contribution to the study of daoism and chinese philosophy

this volume is a translation of over two thirds of the classic daoist text zhuangzi chuang tzu including the complete inner chapters and extensive selections from the outer and miscellaneous chapters plus judicious selections from 2000 years of traditional chinese commentaries which provide the reader access to the text as well as to its reception and interpretation brief biographies of the commentators a bibliography a glossary and an index are also included

an internationally respected doctor of chinese medicine and author of the bestselling the healer within clearly and simply explains the concepts of qigong 125 illustrations

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