

# C Max Manual

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one of the latest developments being pursued by the world health organization who and other international organizations ilo iso in relation to preventing work related diseases and disorders concerns the creation of toolkits and within them of simple tools this book suggests a methodology and a comprehensive simple tool ergocheck downloadable for free from the website epmresearch.org for bringing together various potential risk factors to undertake a preliminary mapping of discomfort danger in the workplaces and to assess consequent priorities for prevention especially but not only in small and very small businesses the tool is primarily designed to be used by employers osh occupational health and safety operators and trade union representatives but it may also be useful for occupational medical staff conducting periodical inspections and drafting health surveillance protocols and for supervisory bodies labor inspectors conducting inspections in the workplace needing to rapidly detect potentially dangerous situations requiring specific preventive interventions daniela colombini is a certified european ergonomist and a senior researcher at the research unit ergonomics of posture and movement milan where she developed methods for the analysis evaluation and management of risk and damage from occupational biomechanical overload she was a professor at the school of specialization in occupational medicine in

university of milan and university of florence she is the coauthor of the ocra method en 1005 5 standard and iso 11228 3 she is the founder and president of the epm international ergonomics school epmies she has been working with accredited native teachers in countries such as the usa france india spain chile colombia guatemala costa rica brazil and other south american countries she is a member of the ergonomics committee of uni working in the international commissions of european committee for normalization cen and international organization for standardization iso enrico occipinti is a certified european ergonomist he is a professor at the school of specialization in occupational medicine in university of milano and the director of the research unit ergonomics of posture and movement epm at fondazione don gnocchi onlus milano he developed and coauthored the ocra method he is a member and has been a coordinator up to 2012 of the technical committee on prevention of musculoskeletal disorders of the international ergonomics association iea and represents italy in international commissions of the cen and the iso dealing with ergonomics and biomechanics

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