

## Niguma Lady Of Illusion Tsadra

Moonbeams of Mahamudra  
Four Tibetan Lineages  
A Gathering of Brilliant Moons  
The Crystal Mirror of Philosophical Systems  
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Tricycle  
Niguma, Lady of Illusion  
Twelve Examples of Illusion  
Wondrous Dance of Illusion  
Zhije: The Pacification of Suffering  
Dakpo Tashi Namgyal  
Holly Gayley Thuken Losang Chokyi Nyima Blo-bzang-chos-kyi-nyi-ma (Thu'u-bkwan III)  
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a new translation of tibet s most important manual for mahamudra view and meditation this classic buddhist work written in the sixteenth century comprehensively presents the entire scope of the tibetan kagyu mahamudra tradition these profound yet accessible instructions focus on becoming familiar with the nature of one s mind as the primary means to realize ultimate reality and thus attain buddhahood dakpo tashi namgyal s manual for the view and practice of mahamudra is widely considered the single most important work on the subject systematically introducing the view and associated meditation techniques in a progressive manner moonbeams of mahamudra along with the ninth karmapa wangchuk dorje s dispelling the darkness of ignorance are to this day some of the most studied texts on mahamudra in the kagyu monasteries throughout tibet

and the himalayas elizabeth m callahan a renowned translator of classical kagyü literature has provided new translations of these two texts along with ancillary materials and annotations making this a genuine resource for both scholars and students of tibetan buddhism this historic contribution therefore offers the necessary tools to properly study and apply the mahāmudrā teachings in a modern context

new translations of teachings on meditative practice from four lesser known but highly influential tibetan buddhist traditions drawing primarily from the pacification severance shangpa kagyü and bodongpa traditions four tibetan lineages presents some of tibet's most transformative yet lesser known teachings on meditative practice most works in this volume are drawn from a tibetan anthology known as the treasury of precious instructions compiled by jamgön kongtrul lodrö thayé 1813-1900 a vast preservation project this anthology reflects kongtrul's attempt to rescue rare teachings from disappearing by foregrounding the teachings of masters like khedrup khyungpo naljor d. 1135 dampa sangyé d. 1117 machik labdrön 1031-55 1126-50 jonang taranatha 1575-1634 and jamyang khyentsé wangpo 1820-92 this volume extends jamgön kongtrul's preservation efforts into the modern world this carefully researched and meticulously organized work presents serious students and practitioners of tibetan buddhism with a treasury of knowledge wisdom and clearly detailed practices at a time when the continuity of the tibetan tradition of valid masters and lineage holders is challenged this publication will serve to both clarify and preserve the lineages gems jetsunma tenzin palmo founding director of dongyu gatsal ling nunnery author of reflections on a mountain lake teachings on practical buddhism a collection of unique and precious original translations from one the most experienced first generation western translators of tibetan texts this book is like a delicious box of chocolates to be eaten slowly and each one savored and appreciated as a special gift lama tsultrim allione founder of tara mandala author of wisdom rising the massive collection of scriptures preserved by the nineteenth century masters jamgön kongtrul lodrö thayé and jamyang khyentsé wangpo can be overwhelming for contemporary readers in their richness we are fortunate to have access to this carefully selected compilation of interrelated core teachings from four important tibetan lineages pacification severance shangpa kagyü

and bodong all beautifully rendered with sarah harding's cogent and elegant translation expertise sarah jacoby associate professor of religious studies at northwestern university author of *love and liberation* autobiographical writings of the tibetan buddhist visionary sera khandro *four tibetan lineages* contains gems of practice oriented instructions from four distinct buddhist lineages prominent in tibet but lesser known internationally namely pacification severance the shangpa kagyü and bodong tradition drawn mainly from jamgön kongtrul's famed treasury of precious instructions this ecumenical collection of profound teachings is masterfully translated by sarah harding holly gayley associate professor of buddhism in the department of religious studies at the university of colorado boulder author of *a gathering of brilliant moons* practice advice from the rimé masters of tibet

deepen your meditation with advice on buddhist practice from celebrated masters of tibet's nonsectarian rimé tradition for generations buddhist masters in tibet have composed sheldam poignant instructions tailored to the needs of their disciples in the form of short works of advice often difficult to find in publication these works cover topics ranging from practicing while ill to sitting in solitary retreat to recognizing the nature of mind this collection focuses on an influential and inspiring generation of buddhist teachers the nineteenth century ecumenical or rimé tradition of eastern tibet *a gathering of brilliant moons* provides lively translations of nineteen pithy and profound works by these great masters along with essays by their translators which explore the aesthetic qualities of their chosen works highlight their ecumenical features and comment on the journey of translation includes works from jamgon kongtrul dza patrul rinpoché ju mipham rinpoché dudjom lingpa the third dodrupchen do khyentsé tokden sakya sri jikmé lingpa shardza tashi gyaltsen getsé mahapandita shangton tenpa gyatso and bamda thupten gelek gyatso this book arose from a unique conference on tibetan translation where the fourteen translators shared their process with each other and received feedback from their peers with a special focus on the literary aspects of the source texts as a reflection of this genesis the accompanying essays in this volume by the translators explore the aesthetic qualities of their chosen works highlight ecumenical features in them and comment on the journey of translation this unique book will be

welcomed by religious scholars buddhist practitioners and meditators

the crystal mirror of philosophical systems by thuken losang chokyi nyima 1737 1802 is arguably the widest ranging account of religious philosophies ever written in pre modern tibet like most tibetan texts on philosophical systems this work covers the major schools of india both buddhist and non buddhist but then goes on to discuss in detail the entire range of tibetan traditions as well with separate chapters on the nyingma kadam kagyü shijé sakya jonang geluk and bön schools not resting there thuken goes on to describe the major traditions of china confucian daoist and the multiple varieties of buddhist as well as those of mongolia khotan and even shambhala the crystal mirror of philosophical systems is unusual too in its concern not just to describe and analyze doctrines but to trace the historical development of the various traditions the crystal mirror of philosophical systems is an eloquent and erudite presentation exploring the religious history and philosophical systems of an array of asian cultures and offering evidence that the serious and sympathetic study of the history of religions has not been a monopoly of western scholarship

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providing a rare glimpse of feminine buddhist history niguma lady of illusion brings to the forefront the life and teachings of a mysterious eleventh century kashmiri woman who became the source of a major tibetan buddhist practice lineage the circumstances of her life and extraordinary qualities ascribed to her are analyzed in the greater context of spiritual biography and buddhist doctrine more than a historical presentation niguma s story raises the question of women as real spiritual leaders versus male images of feminine principle and other related contemporary issues this volume includes the thirteen works that have been attributed to niguma in the tibetan buddhist canon these collected works form the basis of an ancient lineage shangpa which continues to be actively studied and practiced today these works include the source verses for such esoteric practices as the six yogas the great seal and the chakrasamvara and hevajra tantric practices that are widespread in tibetan traditions also included is the only extant biography which is enhanced by the few other sources of information on her life and work

tibetan buddhist writings frequently state that many of the things we perceive in the world are in fact illusory as illusory as echoes or mirages in twelve examples of illusion jan westerhoff offers an engaging look at a dozen illusions including magic tricks dreams rainbows and reflections in a mirror showing how these phenomena can give us insight into reality for instance he offers a fascinating discussion of optical illusions such as the wheel of fire the wheel seen when a torch is swung rapidly in a circle discussing tibetan explanations of this phenomenon as well as the findings of modern psychology and significantly clarifying the idea that most phenomena from chairs to trees are similar illusions the book uses a variety of crystal clear examples drawn from a wide variety of fields including contemporary philosophy and cognitive science as well as the history of science optics artificial intelligence geometry economics and literary theory throughout westerhoff makes both buddhist philosophical ideas and the latest theories of mind and brain come alive for the general reader

khenpo ngawang palzang also known as khenpo ngakchung or khenpo ngaga was one of the great masters in the late nineteenth and the first half of the twentieth centuries he was an extremely influential teacher who taught some of the great lamas of the next generation including kyabje chatral rinpoche khenpo ngaga was considered a living emanation of vimalamitra and longchenpa in this autobiography khenpo ngaga tells his life story through memories and reflections in a way that presents the entire buddhist path including the renunciation of worldly pursuits finding and attending to a qualified teacher engaging in mind training practicing the preliminaries studying the sutras and tantras engaging in the generation and completion stages and dzogchen throughout he shares stories visionary experiences and advice that serve as a model for the reader on the path to emulate the great tibetologist gene smith considered this autobiography so important that he devoted the first chapter of his seminal study among tibetan texts to it writing that khenpo ngaga s autobiography is significant as a treasury of authentic instruction on the essentials of buddhism and rdzogs chen meditation

jamgön kongtrul lodrö taye presents the zhije pacification teachings of some of tibet s most historically significant and influential teachers in this next volume of the treasury of precious instructions series kongtrul s great collection of teachings from all of tibet s buddhist lineages the treasury of precious instructions by jamgön kongtrul lodrö taye one of tibet s greatest buddhist masters is a shining jewel of tibetan literature presenting essential teachings from the entire spectrum of practice lineages that existed in tibet in its eighteen volumes kongtrul brings together some of the most important texts on key topics of buddhist thought and practice as well as authoring significant new sections of his own in this volume kongtrul presents a diverse corpus of texts from the zhije pacification tradition that trace especially to the south indian master dampa sangye d 1117 whose teachings are also celebrated in the chöd severance tradition it includes source scriptures by dampa sangye empowerments by lochen dharmashrī and guidance by dampa sangye lochen dharmashrī and sönam pal also included are lineage charts related to the transmission of zhije teachings as well as detailed notes and an orientation to the texts by translator sarah harding

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